

Variable	Mean	SD	Min	Max
Age	34.2	10.5	18	65
Gender	50% Male			
Marital status	65% Married			
Education	12.5 years	2.5	8	16
Income	\$25,000	\$10,000	\$5,000	\$50,000
Health status	75% Good			
Exercise frequency	3 times/week	1	0	5
Diet quality	70% High			
Stress level	60% High			
Sleep quality	70% Good			
Work-life balance	65% Good			
Family support	75% High			
Community involvement	60% High			
Life satisfaction	70% High			
Overall well-being	75% High			

Variable	Mean	SD	Min	Max
Age	34.2	10.5	20	55
Gender	50% Male			
Marital status	65% Married			
Education	12.5 years	2.5	8	16
Income	\$25,000	\$15,000	\$5,000	\$50,000
Health status	75% Good			
Stress level	4.5	1.5	1	7
Life satisfaction	5.5	1.5	1	7
Work-life balance	4.0	1.5	1	7
Family support	6.0	1.5	1	7
Community support	5.0	1.5	1	7
Healthcare access	6.5	1.5	1	7
Financial stability	5.5	1.5	1	7
Work environment	4.5	1.5	1	7
Job satisfaction	5.0	1.5	1	7
Overall well-being	5.5	1.5	1	7